

大學生對 PM_{2.5} 空氣污染的態度與認知之研究

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摘要

近年來，細懸浮微粒(PM_{2.5})空氣污染已成為全球關注的環境議題之一。本文目的為探討 PM_{2.5} 空氣污染的議題中，不同性別、健康狀況、自然連結性及幸福感的大學生，其「對 PM_{2.5} 的風險論點」、「對空氣污染防治的支持度」與「對 PM_{2.5} 的認知」是否有所不同。研究針對臺灣三所大學共六個科系發放 233 份問卷，利用獨立樣本 t 檢定進行統計分析，茲將研究結果重點如下：(一)男性大學生對「風險不大」的論點平均得分比女性大學生較高。(二)自然連結性較高的大學生在「預防優先」與「利弊權衡」的論點上得分較高，反之較低的大學生則是在「相對風險」與「風險不大」的論點上得分較高。(三)自然連結性較高的大學生，普遍在「對空氣污染防治的支持度」上得分較高。(四)不同幸福感的學生在態度與認知上沒有明顯的差異存在。研究結果發現女性較男性大學生在意 PM_{2.5} 的風險，自然連結性較高的大學生較重視空氣品質，並支持空氣污染預防優先和防治的態度。本研究的發現可提供給以環境議題為題材的大學環境教育之參考。

關鍵字：自然連結性、空氣污染、風險論點、細懸浮微粒、環境議題

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二、建議

本文依性別、健康狀況、自然連結性以及幸福感，探討大學生「對 PM_{2.5} 的風險論點」、「對空氣污染防治的支持度」、「對 PM_{2.5} 的認知」，依據本文研究結果及結論提出以下建議。建議大學可以實施環境教育課程或者跨學科課程，於專業領域課程中結合與貼近自然相關之活動教學設計，利用多元活動課程的模式，增進大學生與大自然連結；更透過潛在課程的影響，提高大學生自然連結性，進而使其傾向預防優先及利弊權衡之論點，且也較能增進對於空氣污染防治策略的高支持度，最終培育出針對空氣污染及 PM_{2.5} 有較高認知，並具有預防與降低其影響的意識。此外高等教育端也可以結合地方辦理與自然環境相關之多元化活動或工作坊，透過與在地居民及社區互動，更可以直接或間接的達到環境教育宣導之目標，進而增進居民對於空氣污染議題認知。最後，建議大學生可以多貼近大自然環境，且主動增進空氣污染、PM_{2.5}，甚至環境永續之相關議題知能，除了可以於空氣污染嚴重時具有自我保護之行為措施，更可以培養出對空氣污染具有獨立判斷思考能力，而增進空氣污染防治策略之支持度。

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Undergraduate Students' Attitudes towards and Knowledge of Air Pollution

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Abstract

Air pollution has become an important environmental issue globally. This study aimed to investigate how factors such as gender, health condition, connectedness to nature and well-being relate to risk argument, support for air pollution intervention measures and knowledge of PM_{2.5}. The survey data were collected from 233 undergraduate students from various academic disciplines and analyzed using t-test analysis. The findings showed that male students are more likely to take on the “precautionary” argument than female students. Students with more connection to nature tend to take on the “precautionary” and the “pros and cons” arguments, and are more supportive of air pollution intervention measures. Those with less connection tend to take on the “relative risk” and “the small risk” arguments. The significant relationship found between risk arguments and connectedness to nature urge researchers, practitioners, and decision-makers in education and environmental policy to consider nature relatedness as means to cultivate particular orientations of risk argument towards socio-scientific issues related to the environment.

Keywords: connectedness to nature, air pollution, risk argument, particulate matter 2.5, environmental issues