

# 在問題本位學習模式中國小學生的減塑行為認知與態度決策改變之影響因子

謝佳諺

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## 摘要

本研究旨在探究問題本位學習模式是否能有效提高學生減塑行為的認知與態度。另外也想瞭解性別、同儕影響、具體環境知識、獲得環境資訊的媒介、在地環境參與度、父母的影響、環保意識等因子對學生減塑行為認知與態度決策改變之影響。本研究採準實驗研究設計，實驗組 58 人(兩組不同的實驗介入)及控制組 28 人，共計 85 人。研究結果發現：(1)本課程能有效提高學生的認知和態度；(2)同儕影響、具體環境知識、獲得環境資訊的媒介為影響學生減塑行為認知表現的重要因子；(3)性別為影響學生減塑行為態度的重要因子；(4)在地環境參與度、父母的影響、環保意識對認知和態度皆無影響。依研究結果及對未來的研究提出多項研究建議。

**關鍵字：** 決策樹分析、問題本位學習模式、減塑行為認知與態度、影響因子

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保意識之研究工具上未能有效且精確的控制混淆變項，因此建議下次進行研究時可針對這幾個向度進行更進一步的釐清，以修正和改進研究工具。

## 2. 未來能進行更大規模的研究或縱貫研究

由於本研究的研究參與者不多，未來若能再做一次相關之研究，希冀能提高研究參與者的數量。另外，本研究採橫斷式的資料蒐集，進一步找出影響學生減塑行為認知和態度的重要因子，未來可針對本研究提出來的重要因子，進行縱貫式的資料蒐集。進一步與本研究進行對照，增加研究的可靠性。

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# **Factors Affecting Primary School Students on Cognition of Plastic Reduction Behavior and Decision-Making Attitude in Problem-Based Learning**

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## **Abstract**

This study explored whether the environmental protection curriculum designed with PBL could effectively improve students' awareness and attitudes of plastic reduction behavior. The researcher investigate into whether gender, peer influence, specific environmental knowledge, media exposure to environmental information, participation in local environmental activities, and environmental awareness were essential factors affecting students' cognition of plastic reduction behavior and decision-making attitude. In this study, the researchers applied quasi-experimental design and cluster sampling. A total of 85 people participated, with 58 people in the experimental group (divided into two groups due to different experimental interventions) and 28 people in the control group. The results are as follows: (1) This course can effectively improve students' cognition and attitude; (2) Peer influence, specific environmental knowledge, and media exposure to environmental information are important factors that affect students' cognitive performance in plastic reduction behavior; (3) Gender is an important influencing factor on students' attitudes towards plastic reduction behavior; (4) Participation in local environmental activities, parental influence, and environmental awareness have no effect on cognition and attitude. The results provided valuable pedagogical suggestions for future research.

**Keywords:** decision tree analysis, problem-based learning, plastic reduction behavioral cognition and attitudes, impact factors